



On and Off the Pitch Training and Matches

Before Training or Matches

No player, coach or parent helper shall be allowed on the pitch unless they:

- Have completed an [EH Participation Agreement](#)
- Are registered on Pitchero with full details completed including:
 - Date of Birth
 - Medical Condition,
 - Contact details
 - Consents

The Coach, Manager, Captain or Age Group Manager (AGM) will be responsible for checking that the EH consent form has been completed before anyone is allowed on the pitch. The COVID Officer maintains the master list and attendees can be checked against this. Please note that it can take up to 24 hours for the consent form to be registered so participants must register at least 24 hours in advance of attending sessions.

As a temporary measure the confirmation email from England Hockey can be used as evidence of registration.

Pitchero details are to be checked on the system by the Coach, Manager, Captain or AGM. A register shall be taken by the Coach, Manager, Captain or AGM of all people on the pitch. **It is very important that you ensure that you are registered** as this goes to the heart of 'track and trace' and should it be necessary to trace people following an incident where someone has had a positive test for COVID symptoms.

A **Self-Assessment Check** shall be carried out by all persons whether they are playing on the pitch or not. This check should be done before each hockey session and participants should declare they are symptom free and have not been in contact with anyone with suspected or confirmed COVID symptoms within the past 2 weeks.



ON THE PITCH
FOLLOW HOCKEY'S RETURN TO PLAY GUIDELINES



SOCIAL DISTANCING RULES CAN ONLY BE BROKEN WHEN THE BALL IS 'IN PLAY' (MEANING YOU MUST BE 2M APART DURING WARM UPS, COOL DOWNS & BREAKS IN PLAY)



NO TEAM HUDDLES, TEAM GOAL CELEBRATIONS OR CONGREGATING IN DUGOUTS



THERE ARE NO 'HOCKEY BUBBLES' BUBBLES ARE WHERE SOCIAL DISTANCING ISN'T ABLE TO BE MAINTAINED IN PLACES SUCH AS SCHOOLS OR HOUSEHOLDS

30



TRAIN IN DISCRETE GROUPS OF UP TO 30, BUT PLAY WITH NORMAL SQUAD SIZES

OFF THE PITCH
FOLLOW GOVERNMENT GUIDANCE



IF YOU NEED TO TRAVEL TOGETHER:
- KEEP TO THE SAME SMALL GROUPS
- OPEN WINDOWS FOR VENTILATION
- WEAR A MASK



IF SOCIALISING AFTER ACTIVITY ADHERE TO THE GOVERNMENT'S SOCIAL DISTANCING GUIDANCE



ANY SPECTATORS TO REMAIN SOCIALLY DISTANCED WHILST ATTENDING TRAINING AND GAMES

Training

- Training shall be carried out in groups that **do not exceed 30 people** (including coaches and helpers).
- Groups **must** be socially distanced at all times when on the pitch for that session. Your Coach, Manager, Captain, AGM will allocate you into groups for this purpose in advance. There shall be no mixing of the groups for that session.
- Please ensure social distancing when entering the pitch so you do not contaminate between groups and following any one-way systems that are in place
- You should not attend training too early and arrive already changed and ready to start training. Please be careful not to mix with other groups.
- Bags, water bottles and the like shall be put in an area such that the groups (of up to 30) and any previous or incoming groups do not mix.
- Players, coaches, and parent helpers shall enter by one gate and leave by another so that groups do not mix. If you are the last group you can enter and leave the same gate, but this is the exception.



- When you finish please pick up your items and leave by the designated gate advised by your coach, manager, or AGM. NOTE: It is important to avoid crossing the other group as you leave. Please remain in your group.
- Training sessions or games will NOT commence unless the spectator area is cleared, and the gates are closed.

Matches

The Coach, Manager, Captain or Age Group Manager (AGM) shall provide match information to any visiting team as well as their own team. This information can be found here on the website:

Appendix 1: Home match information for WHC teams

Appendix 2: Away match information for WHC teams

Appendix 3: Information to Opposition teams travelling to WHC

It is suggested that the information is copied and pasted into an e-mail as appropriate to the opposition contact so they know what to expect.

Off the Pitch

- Do not congregate before and after playing and stay in groups of 6, following social distancing rules, outside of play.
- Where possible, unless absolutely necessary, avoid touching gates/fences/goals.
- Socially distance at 2m distancing in maximum sized groups of 6 ('rule of 6')
- Clean your hands during breaks.

Warming Up

When warming up off the pitch you should do so in groups not exceeding 6. This will include running and stretching. Please be mindful and respectful of the general public and maintain social distance at all times.



Spectators

- No spectators are allowed to enter the pitch or the cage unless they are involved in the activity taking place (NOTE: you will also need to register with England Hockey)
- All spectators must watch outside the perimeter fence at all times, maintaining social distancing and maintaining the governments 'rule of 6'. You can go anywhere around the perimeter of the pitch and there is ample space.
- Please do not block the elevated pathways near the clubhouse and above the near astro pitch. These walkways are public footpaths and we need to respect people using these and avoid large groupings.